

APPETIZERS

We fry in 100% trans fat-free and cholesterol-free canola oil.

French Fries 3.99
Old Bay seasoning upon request.

Blake's Cheese Fries 7.99
Our famous fries topped with Monterey Jack and Cheddar cheese. Ranch dressing on the side for dipping. Add bacon or jalapeños \$3

Onion Rings 6.99

Garlic Knots 5.99
Homemade and smothered in garlic butter. Served with marinara sauce.

Chicken Tenders 8.99
Served with honey mustard or barbecue sauce on the side.

♥ **Haley's Hummus and Pita** 7.99
A combination of fresh chickpeas, a touch of garlic and tahini, served with toasted pita.

Soup of the Day
cup 5.49 • bowl 6.99



FROM THE GARDEN

Served with your choice of dressing on the side:

Regular Dressings: Balsamic Vinaigrette • Bleu Cheese • Caesar • Chipotle Ranch
Homemade Greek • Honey Mustard • Italian • Oil & Vinegar • Ranch • Thousand Island

Lite Dressings: Olive Oil Vinaigrette • Raspberry Vinaigrette

Fat-Free Dressings: Italian • Ranch

Add Grilled Chicken Breast to any salad 5.99 • Add Grilled Tuna Steak to any salad 6.99

♥ **Tossed Salad** 5.99 • 8.99
Tomatoes, cucumbers and carrots, served on a bed of mixed greens.

Caesar Salad 6.99 • 10.99
Crisp romaine lettuce tossed with homestyle croutons, grated Parmesan cheese and Caesar dressing.

♥ **Greek Salad** 7.99 • 11.99
Feta cheese, red onions, kalamata olives and pepperoncini, served on a bed of mixed greens with our homemade Greek dressing.

Spinach Salad 10.99
Fresh baby spinach layered with feta cheese, artichoke hearts, roasted red peppers, red onion and a side of balsamic vinaigrette. Add bacon 2.49

♥ **Fresh Mozzarella & Tomato Salad** 9.99
Premium ripe tomatoes with freshly sliced mozzarella cheese, fresh basil, balsamic vinegar and olive oil.

♥ **Courtney's Grilled Chicken Salad** 13.99
Sliced grilled chicken breast, served on a bed of mixed greens, onions and fresh vegetables.



ITALIAN SPECIALTIES

Served with our Homemade Garlic Knots and your choice of a Tossed Salad, Caesar Salad or Cup of Soup.

Linguine or Penne Pasta 12.99
Smothered with your choice of Marinara, Meat or Alfredo Sauce.

Linguine or Penne Pasta with Meatballs 16.99
Smothered with Meat Sauce.

Lasagna 16.99
A homemade house specialty. Pasta layered with ground beef, sausage, marinara sauce and a special blend of cheeses.

Spinach Lasagna 16.99
A homemade house specialty. Pasta layered with fresh spinach, marinara sauce and a special blend of cheeses.

Mozzarella Sticks 8.99
Served with marinara sauce on the side.

Meatballs 8.99
Four homemade all-beef meatballs smothered in our famous marinara sauce.

Jalapeño Poppers 8.99
Breaded jalapeño peppers with Cheddar cheese. Served with ranch dressing on the side.

Buffalo Wings served with celery
6 Piece 10.49
12 Piece 19.99
18 Piece 27.89
(all drumettes \$1 extra per 6 pieces)
A house specialty, choose Buffalo, BBQ or Old Bay served with bleu cheese or ranch dressing.

♥ **Cold Veggie Plate** 7.99
Celery, carrots, cucumbers, broccoli and cherry tomatoes. Served with ranch dressing on the side.



PIZZA

Our Homemade sauce and dough are made fresh daily. As always, our sauce and dough are non-fat (no cholesterol)

Slice of Cheese 2.99
Slice of Cheese with up to 3 Toppings 3.69

TOPPINGS

1.49 • 1.99 • 2.49

Anchovies • Artichoke Hearts • Bacon • Banana Peppers • Black Olives • Canadian Bacon
Extra Cheese • Feta Cheese • Fresh Basil • Fresh Broccoli • Fresh Eggplant • Fresh Garlic
Fresh Green Peppers • Fresh Kale • Fresh Mushrooms • Fresh Onions • Fresh Sliced Tomatoes
Fresh Spinach • Grilled Chicken Breast • Ground Beef • Italian Sausage • Jalapeño Peppers
Pepperoni • Pineapple • Red Onions • Ricotta Cheese • Roasted Red Peppers • Spinach Ricotta

Individual 10" 4 slices Serves 1
Medium 12" 6 slices Serves 2-3
Large 16" 8 slices Serves 3-4
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Amanda's Original Cheese Pizza 11.99 • 15.99 • 18.99

Vegetable Pizza 14.99 • 20.99 • 24.99
Our cheese pizza with onions, green peppers, broccoli and mushrooms.

Meat Lover's Pizza 14.99 • 20.99 • 24.99
Our cheese pizza with Canadian bacon, ground beef, pepperoni and Italian sausage.

Aria's White Pizza 14.49 • 19.99 • 23.99
A delicious combination of fontina cheese, garlic and oregano.

Three Cheese Pizza 13.49 • 18.49 • 21.99
A combination of mozzarella, Monterey Jack and cheddar cheese.

Hawaiian Pizza 13.49 • 18.49 • 21.99
Mouth-watering pineapple, Canadian bacon and mozzarella cheese.

Spinach Ricotta Pizza 13.49 • 18.49 • 21.99
Our cheese pizza topped with fresh spinach and ricotta cheese.

Greek Pizza 13.49 • 18.49 • 21.99
Our cheese pizza topped with sliced black olives and feta cheese.

Mexican Pizza 13.49 • 18.49 • 21.99
Refried beans, Monterey Jack and cheddar cheese, salsa and guacamole, topped with lettuce and tomato. Jalapeño peppers upon request.

The "Ultimate Potomac Pizza" 15.99 • 21.99 • 26.99
Anchovies, black olives, Canadian bacon, green peppers, ground beef, mushrooms, onions, pepperoni and Italian sausage.

Gluten-Free Cheese Pizza 13.99 • N/A • N/A
A specially made gluten-free crust that is topped with our special pizza sauce and mozzarella cheese.

♥ **GUILT-FREE Pizza** 13.49 • 18.49 • 21.99
Our special tomato sauce pizza without cheese, topped with fresh sliced tomatoes, broccoli and mushrooms.

No substitutions on specialty pizzas. All pizzas can be made without cheese upon request.



CALZONES

Individual Serves 1 14.99
Medium Serves 2-3 23.99
Large Serves 3-5 26.99

The best that you will ever have! Made to order, baked to perfection and topped with a special blend of cheeses, folded, sealed and basted on top. Served with a side of marinara sauce. Please allow additional time for medium and large calzones.

Cheese Calzone
For those who would prefer to build their own; mozzarella, provolone and ricotta cheese, with any 4 of your favorite toppings.

Meat and Cheese Calzone
A delicious combination of sausage, pepperoni and Canadian bacon, covered with mozzarella, provolone and ricotta cheese.

Vegetable and Cheese Calzone
A delicious combination of mushrooms, green peppers and onions, covered with mozzarella, provolone and ricotta cheese.

♥ Denotes healthy menu items.

Please go online for your copy of our Potomac Pizza Catering Menu.

*PLEASE NOTIFY US OF ANY ALLERGIES AND WE WILL MAKE EVERY EFFORT TO ACCOMMODATE YOU. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.



SUBS, SANDWICHES AND WRAPS

Choice of Bread: toasted Italian sub roll • toasted whole wheat sub roll • toasted brioche roll
white bread • whole wheat bread • pita

Choice of Wrap: white • spinach • wheat

Choice of Condiments: lettuce • tomato • mayonnaise • raw onions • grilled onions • hot peppers
ketchup • mustard • Italian dressing • banana peppers • pickles • oil • vinegar

Double portion available on all subs 5.99 additional

Mushrooms or Green Peppers .99 additional

Cheese: American • Cheddar • Feta • Swiss • Provolone .99 additional

Bacon 2.49 additional

Add Avocado or Hummus 2.49 additional

Side of Fries with Sub or Sandwich 1.99 additional

Steak & Cheese 10.99
Thin slices of lean and tender steak covered with melted provolone cheese.

Chicken & Cheese 10.99
Ahi tuna served with remoulade on the side. (Blackened upon request)

Meatball & Cheese 10.99
Homemade meatballs cooked in marinara sauce, covered with melted provolone cheese and baked to perfection.

Italian Sausage 10.99
Mild Italian sausage smothered with lots of onions and peppers, and topped with our famous marinara sauce.

Lisa's Burger 10.99
1/2 pound of fresh ground beef cooked to order. Your choice of cheese, .99 additional.

Hot Italian 10.99
A meat-packed sub filled with capicola ham, Genoa salami, provolone cheese and Italian dressing. Served cold upon request.

♥ **Grilled Chicken** 10.99
Grilled chicken breast marinated in Italian seasonings.

Buffalo Chicken 10.99
Grilled chicken breast covered in Buffalo wing sauce, topped with bleu cheese dressing.

California Chicken 11.99
Grilled chicken breast topped with bacon, avocado, red onion, lettuce, tomato, cucumber and Cheddar cheese, served with a side of Chipotle ranch.

Grilled Chicken Caesar Wrap 10.99
Grilled chicken breast, Parmesan cheese, crisp romaine lettuce and Caesar dressing, wrapped in a flour tortilla.

Avenel Player's Club 10.99
A triple decker sandwich stacked with ham, roasted turkey breast, bacon, lettuce, tomato and mayonnaise with your choice of cheese. (Thousand Island dressing upon request).

The Congressional Turkey Club 10.99
Same as the Avenel Player's Club, but without ham.

Roast Turkey Breast 10.99
Generous portion of our roasted turkey breast.

♥ **Grilled Tuna Steak** 11.99
Ahi tuna served with remoulade on the side. (Blackened upon request)

♥ **White Meat Tuna Salad** 10.99
Loads of white-meat tuna blended with celery and sweet relish.

Chicken Salad 10.99
Generous portion of chunky white meat chicken salad.

BLT 10.99
Made the old-fashioned way with loads of bacon, lettuce, tomato and mayonnaise.

Ham & Cheese 10.99
Maple ham with your favorite cheese. Served hot or cold.

♥ **Turkey Burger** 10.99
All white-meat ground turkey.

♥ **Garden Burger** 8.99
The traditional vegetarian option.

♥ **Veggie Grill** 9.49
Grilled mushrooms, onions, green peppers, broccoli and eggplant sautéed with our special dressing.

Gyro 10.99
Combination of beef and lamb served on a pita with tomato, onion, feta cheese and Tzatziki sauce.

Chicken Parmigiana 10.99
Breaded chicken breast topped with our marinara sauce and a special blend of cheeses.

Eggplant Parmigiana 10.99
Breaded eggplant topped with our marinara sauce and a special blend of cheeses.

The Chevy Chase 10.99
Salami, fresh mozzarella, tomato, kalamata olives, basil and balsamic vinaigrette.

ORDER ONLINE!

